

## QUESTIONNAIRE FOR THE PEOPLE OF WINDERMERE AND SURROUNDING AREAS

Windermere Wellbeing Network met in May 2018 and we are looking to identify 3 priorities to work towards healthier and happier communities in and around Windermere.

It is important for us to know what unmet needs there are in our communities and so we are asking if residents, businesses and local groups in Windermere, Bowness, Troutbeck Bridge, Staveley, Ings and Kentmere could take a few minutes to complete the questionnaire on the back of this sheet. Questionnaires can be collected and dropped off once completed at one of the following venues:

Windermere Library

Windermere Health Centre; St Mary's Surgery, Windermere  
Staveley Pharmacy; Boots Pharmacy, Windermere

Completed questionnaires can also be posted to Sandra Lilley,  
Windermere Town Council, Langstone House, Broad Street,  
Windermere, LA23 2AB

Alternatively, complete the questionnaire on-line at <https://goo.gl/p5f8kk>

### Closing date for completed questionnaires is 5 October 2018

Results will be displayed in Windermere library, the 2 GP surgeries and on Windermere Town Council website during October/November 2018

Would you like to find out more about the wellbeing group or join us for meetings to tell us about any other issues that are important to you?

Please either email or telephone Gill Holmes, Community Development Officer, Cumbria County Council [gillian.holmes@cumbria.gov.uk](mailto:gillian.holmes@cumbria.gov.uk)

Tel: 01539 713405 mob: 07825 121094

1. Where do you live? *Please tick*

Windermere  Bowness on Windermere  Kentmere   
Staveley  Troutbeck Bridge  Ings

Please tick which age group applies to you

Under 18  19 -29  30 – 39  40 – 49  50 – 59   
60 – 69  70 – 79  80 +

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2. How important is tackling childhood and adult obesity? *Please circle*

Not important

Reasonably important

Very important



3. Which of these do you think is a problem in the community? *Please circle one or more*

- alcohol abuse
- substance misuse
- lack of opportunities
- bullying

4. How important is tackling mental health issues? *Please circle*

Not important

Reasonably important

Very important



5. How important is tackling social isolation or loneliness? *Please circle*

Not important

Reasonably important

Very important



6. How important are open spaces for enjoyment? *Please circle*

Not important

Reasonably important

Very important



7. How important are local clubs, associations and voluntary organisations? *Please circle*

Not important

Reasonably important

Very important

